

# metro

NEW YORK CITY NO. 1 FREE DAILY

Monday, November 6, 2017 metro.us | t: MetroNewYork

## FLANAGAN'S FINISH

Oregon native becomes first American to win NYC Marathon in 40 years. 8-9



Celebrities who you didn't know were wedding officiants. 18

Researchers are creating snakelike robots to help search-and-rescue. 12

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# 26 KILLED IN TEXAS CHURCH SHOOTING



The country was stunned by another mass attack when a gunman opened fire outside San Antonio, leaving behind death, grief and a nation looking for answers. 2

# At least 26 people killed in shooting in Texas church

SPECIAL COVERAGE

A possible motive was not disclosed by authorities.

A gunman entered a small church in southeast Texas and opened fire, killing at least 26 worshipers and wounding many others in the latest in a series of mass shootings that have plagued the United States, according to authorities and media reports.

The shooting suspect was identified as 26-year-old Devin Patrick Kelley, according to CBS News, which reported his name based on federal law enforcement sources.

The shooting occurred at the First Baptist Church in Sutherland Springs in Wilson County, about 40 miles east of San Antonio. The suspect fled the scene in a vehicle but was killed about 12 miles away in neighboring Guadalupe County, according to local media and Sgt. Robert Murphy, a spokesman for the Guadalupe County Sheriff's Office said.

Wilson County Sheriff Joe Tackitt told CNN that at least 20 people were killed. Texas Lt. Gov. Dan Patrick told Fox News that at least 25 people were killed and 30 injured.

The 14-year-old daughter of pastor Frank Pomeroy was killed, the family told several television stations.

The massacre comes just weeks after a sniper killed 58 people at an outdoor concert in Las Vegas, the deadliest mass shooting in modern U.S. history. The shootings have stirred a yearslong national debate over whether easy access to firearms was contributing to the trend.

President Donald Trump said he was monitoring the situation while in Japan on a 12-day Asian trip.

"May God be w/ the people of Sutherland Springs, Texas. The FBI & law enforcement are on the scene," he said on Twitter.



Law enforcement officials gather near the First Baptist Church in Sutherland Springs, Texas, following the shooting on Sunday. GETTY IMAGES

Witnesses said that about 20 shots were fired at about 11:30 a.m. during the church services, according to media reports. It was unclear how many worshippers were inside at the time.

After the shooting, the suspect sped away in a car and was soon cornered by sheriff's deputies just outside of Wilson County in Guadalupe County. Wilson County Commissioner Larry Wiley told Reuters. He did not know if the shooter died of a self-inflicted gunshot or was killed by deputies.

The First Baptist Church is a fixture in Sutherland Springs, an area that is home to fewer than 900 residents, according to the 2010 Census.

The white-painted, one-story structure features a small steeple and a single front door. On Sunday, the Lone Star flag of Texas was flying alongside the U.S. flag and a third, unidentified banner.

Inside, there is a small raised platform on which members sang worship songs to guitar music and the pastor de-

**900**  
THE FIRST BAPTIST CHURCH IS IN SUTHERLAND SPRINGS, AN AREA THAT IS HOME TO FEWER THAN 900 RESIDENTS, ACCORDING TO THE 2010 CENSUS.



**"We are dealing with the largest mass shooting in our state's history. ... The tragedy of course is worsened by the fact that it occurred in a church, a place of worship where these people were innocently gunned down."**

Texas Gov. Greg Abbott, at a news conference

livered a weekly sermon, according to videos posted on YouTube. In one of the clips, a few dozen people, including young children, can be seen sitting in the wooden pews.

The shooting occurred on the eighth anniversary of the Nov. 5, 2009, massacre of 13 people at the Fort Hood Army base in central Texas. A U.S. Army Medi-

cal Corps psychiatrist convicted of those killings is now awaiting execution.

In 2015, a white gunman killed nine black parishioners at Emanuel

African Methodist Episcopal Church in Charleston, South Carolina. The gunman was sentenced to death for the racially motivated attack.

REUTERS

## TWEETS ABOUT THE CHURCH SHOOTING



**@tedcruz**

Keeping all harmed in Sutherland Springs in our prayers and grateful for our brave first responders on the scene

**@mayoroflasvegas**

With our greatest sorrow and compassion. Las Vegas stands with you with our hearts broken and ready to help in anyway we can. #SutherlandSprings

**@GregAbbott\_TX**

Our prayers are with all who were harmed by this evil act. Our thanks to law enforcement for their response. More details from DPS soon.

**@NYGovCuomo**

I said it after Las Vegas, after Columbine, after Newtown—now is precisely the time to talk about gun violence.

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535 Carlton offers studios to three-bedrooms for those who meet the income requirements PROVIDED

## 'New generation of affordable housing' now open for middle-income New Yorkers

The newly opened all-affordable Pacific Park building in Brooklyn is open to moderate-income renters who qualify.



NIKKI M. MASCALI  
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The demand for affordable housing for all New Yorkers is not something that is likely to go away anytime soon, but one of the buildings in the Pacific Park development project in Brooklyn is now looking for a few, good tenants — and no lottery is involved.

When 535 Carlton opened bidding for its all-affordable apartments for moderate- or middle-income residents last year, it received 100,000 applications. After sifting through them and placing those who qualified to move in this summer, developer Greenland Forest City Partners has now declared open season for potential renters through traditional apartment-hunting practices. Forest City also has 461 Dean and 38 Sixth Avenue affordable buildings in Pacific Park.

535 Carlton offers studios to three bedrooms for those who meet the income requirements as well as a slate of amenities ranging from a gym,

children's playroom, bike room and lounge/ party space, which are included in a \$30 monthly fee. Residents also have free access to a terrace, which includes a sizeable gardening bed and gives sweeping views of the neighborhood and the Pacific Park project, which is slated to provide more than 2,000 affordable housing units by its 2025 completion.

"It's the new generation of affordable housing," said Ashley Cotton, executive vice president of external affairs for Forest City. "This is what it looks like — it can be built really beautifully and the residents look like New York."

One resident, a professor at Columbia University who asked not to be named, moved from a "tiny, tiny, tiny one-

bedroom" on the Upper West Side to 535 Carlton in September.

"This place just talked to me," she said. "The energy, everyone is so happy."

When she got the call she was approved and could select her new one-bedroom while visiting her native Spain, "I cut my much-needed vacation short."

With her next performance review five years away, the professor looks at her new apartment — and longer commute — as an "official commitment" to the school, the city and Brooklyn.

"Moving over here to Brooklyn, to me, this is my step forward," she said. "This is where I'm going to live, and this is my long-term residence and where I want to stay."

### 535 CARLTON'S INCOME REQUIREMENTS FOR RENTERS

#### Studio

Rent: \$2,137  
Household earnings for 1 person: \$74,606-\$110,220

Household earnings for 3 people: \$111,909-\$141,737  
Household earnings for 4 people: \$111,909-\$157,410

#### One-bedroom

Rent: \$2,680  
Household earnings for 1 person: \$93,258-\$110,220  
Household earnings for 2 people: \$93,258-\$126,060

Household earnings for 3 people: \$129,258-\$141,735  
Household earnings for 4 people: \$129,258-\$157,410  
Household earnings for 5 people: \$129,258-\$170,115  
Household earnings for 6 people: \$129,258-\$182,655

#### Two-bedroom

Rent: \$3,223  
Household earnings for 2 people: \$111,909-\$126,060



# Planned Service Changes

## ##FASTRACK



**10 PM to 5 AM**  
**Mon to Fri**  
**Nov 6 – 10, Nov 13 – 17**

No trains at **N Q R** stations in Manhattan.

- N** runs in Queens and Brooklyn only.
- Q** runs between 96 St and Stillwell Av and is rerouted via the 6 Av **D F** line in Manhattan.
- R** service ends early in Manhattan and Queens each night.

#### Travel Alternatives:

- Use nearby stations on the 7 Av **1 2**, 6 Av **D F**, and Lexington Av **4 6** instead.
- Take the **7** for service between Queens and Manhattan.
- Make key transfers between services at Queensboro Plaza **7 N**, 5 Av/42 St-Bryant Pk **7 8 F Q**, and Atlantic Av-Barclays Ctr **2 4 D N Q**.

#### Stay Informed

Call 511 and say "Current Service Status," look for informational posters in stations, or visit **mta.info** – where you can access the latest Planned Service Changes information, use TripPlanner<sup>+</sup>, and sign up for free email and text alerts.

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## 6 NEWS



Donald Trump has achieved a new low with regard to his approval rating. GETTY IMAGES

### TRUMP'S AMERICA

# HOW LOW CAN HE GO?

One year since his surprise election victory, Donald Trump has just captured another big win, though this one can't exactly be called surprising.

Trump is now the least popular president ever at this point in his term. In a staggering, 33-point landslide, he has defeated Obama, Bush, Clinton, Bush, Reagan, Carter, Ford, Nixon, Johnson, Kennedy, Eisenhower and Truman in the we-don't-like-him contest — every U.S. president since modern polling began.

And the Russians didn't have to steal this one for him. He's done it all by himself.

According to the new Washington Post-ABC survey, only 37 percent of Americans now approve of the job Trump has done, just slightly outpacing the national approval rating for bed bugs, head lice and Jeff Sessions' truth-telling skills. Sixty-five percent say Trump has accomplished "not much" or "little or nothing" since he came into office. His

most notable talent? Dividing America. Fewer than 3 in 10 Americans say he's done a good job on race relations. Half of all Americans say Trump's biased against black people. Fifty-five percent say he is biased against women.

Marvels the Post: "He is the only president dating back to Harry S. Truman whose approval rating at this point in his presidency is net negative — by 22 points. The next worst recorded in that time was Bill Clinton, who had a net positive of 11 points."

These are truly stunning numbers. And every indication is they will only get worse.

NBC reported on Sunday that special counsel Robert Mueller has all the evidence he needs to indict Michael Flynn, the pro-Putin general Trump had as national security advisor for 24 days. That comes less than a week after a Washington grand jury indicted Trump campaign officials Paul Manafort and Rick Gates, and Mueller



revealed he'd secured a guilty plea from foreign-policy adviser George Papadopoulos.

Someone had better order more ankle bracelets, quick!

For most of the next two weeks, Trump is hopscotching across Asia, bringing his own special bluster to the North Korean nuclear threat, Chinese trade policy and other combustible foreign-policy challenges.

Let's take our own poll. Quick show of hands: Will Trump's personal involvement make these dicey situations better or worse?

*Metro columnist Ellis Henican is the best-selling author of a dozen books, including "TRUMPITUDE: The Secret Confessions of Donald's Brain," coming Nov. 28 from Post Hill Press. Ellis is on Twitter @henican.*

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Studio		\$947	49	→	1 person	\$34,355 - \$40,080
1 bedroom		\$1,017	51	→	1 person	\$36,823 - \$40,080
					2 people	\$36,823 - \$45,840
					2 people	\$44,160 - \$45,840
2 bedroom		\$1,230	104	→	3 people	\$44,160 - \$51,540
					4 people	\$44,160 - \$57,240

<sup>1</sup> Rent includes gas for cooking.

<sup>2</sup> Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria.

<sup>3</sup> Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change.

<sup>4</sup> Minimum income listed may not apply to applicants with Section 8 or other qualifying rental subsidies. Asset limits also apply.

## How Do You Apply?

Apply online or through mail. To apply online, please go to [nyc.gov/housingconnect](http://nyc.gov/housingconnect). To request an application **by mail, send a self-addressed envelope to: 229 Cherry Street, c/o The Wavecrest Management Team, 87-14 116<sup>th</sup> Street, Richmond Hill, NY 11418**. Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

## When is the Deadline?

Applications must be postmarked or submitted online no later than **January 2, 2018**. Late applications will not be considered.

## What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to an interview to continue the process of determining your eligibility. Interviews are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income.

**Español** Presente una solicitud en línea en [nyc.gov/housingconnect](http://nyc.gov/housingconnect). Para recibir una traducción de español de este anuncio y la solicitud impresa, envíe un sobre con la dirección a: **229 Cherry Street, c/o The Wavecrest Management Team, 87-14 116<sup>th</sup> Street, Richmond Hill, NY 11418**. En el reverso del sobre, escriba en inglés la palabra "SPANISH." Las solicitudes se deben enviar en línea o con sello postal antes de **2 de enero 2018**.

**简体中文** 访问 [nyc.gov/housingconnect](http://nyc.gov/housingconnect) 在线申请。如要获取本广告及书面申请表的简体中文版, 请将您的回邮信封寄送至: **229 Cherry Street, c/o The Wavecrest Management Team, 87-14 116<sup>th</sup> Street, Richmond Hill, NY 11418**。信封背面请用英语注明 "CHINESE"。必须在以下日期之前在线提交申请或邮寄书面申请 2018 年 1 月 2 日。

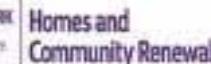
**Русский** Чтобы подать заявление через интернет, зайдите на сайт: [nyc.gov/housingconnect](http://nyc.gov/housingconnect). Для получения данного объявления и заявления на русском языке отправьте конверт с обратным адресом по адресу **229 Cherry Street, c/o The Wavecrest Management Team, 87-14 116<sup>th</sup> Street, Richmond Hill, NY 11418**. На задней стороне конверта напишите слово "RUSSIAN" на английском языке. Заявки должны быть поданы онлайн или отправлены по почте (согласно дате на почтовом штемпеле) не позднее **2 января 2018**.

**한국어** [nyc.gov/housingconnect](http://nyc.gov/housingconnect)에서 온라인으로 신청하십시오. 이 광고문과 신청서에 대한 한국어 번역본을 받아보시려면 반송용 봉투를 **229 Cherry Street, c/o The Wavecrest Management Team, 87-14 116<sup>th</sup> Street, Richmond Hill, NY 11418**으로 보내주십시오. 봉투 뒷면에 "KOREAN"이라고 영어로 적어주십시오. 2018년 1월 2일까지 온라인 신청서를 제출하거나 소인이 찍힌 신청서를 보내야 합니다.

**Kreyòl Ayisyen** Aplike sou entènèt sou sitwèb [nyc.gov/housingconnect](http://nyc.gov/housingconnect). Pou resevwa yon tradiksyon anons sa a nan lang Kreyòl Ayisyen ak aplikasyon an sou papye, voye anvlòp ki gen adrès pou retounen li nan: **229 Cherry Street, c/o The Wavecrest Management Team, 87-14 116<sup>th</sup> Street, Richmond Hill, NY 11418**. Nan dèyè anvlòp la, ekri mo "HATIAN CREOLE" an Anglè. Ou dwe remèt aplikasyon yo sou entènèt oswa ou dwe tenbre yo anvan dat **janvye 2, 2018**.

**العربية** تقدم بطلب عن طريق الإنترنت على الموقع الإلكتروني [nyc.gov/housingconnect](http://nyc.gov/housingconnect). للحصول على ترجمة باللغة العربية لهذا الإعلان ولنموذج الطلب الورقي, أرسل مظروف يحمل اسمك وعنوانك إلى: **229 Cherry Street, c/o The Wavecrest Management Team, 87-14 116<sup>th</sup> Street, Richmond Hill, NY 11418**. على الجهة الخلفية للمظروف, اكتب باللغة الإنجليزية كلمة "ARABIC". يجب إرسال نماذج الطلب عن طريق الإنترنت أو ختمها بختن 21 يناير، 2018.

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**EXTELL**



Shalane Flanagan celebrates her victory in the women's pro division. ALL PHOTOS GETTY IMAGES

# Shalane Flanagan wins 2017 New York City Marathon

She became the first American woman since 1977 to win the NYC Marathon.



JOE PANTORNO  
@joe\_pantorno  
joseph.pantorno@metro.us

Marathon since 1977 when Miki Gorman won her second-straight race.

Flanagan's time of 2:26:53 was the fastest time ever run by an American woman in New York.

It was her first-career world marathon title in what could very well have been the 36-year-old's final race as she said prior to Sunday that a win in New York would mean retirement.

Flanagan's win also broke the three-year winning streak held by Mary Keitany of Kenya.

The last seven women's marathon winners hailed from Africa.

For one day a year, the streets of New York belong to the pedestrians.

The 47th running of the New York City Marathon took place on Sunday, spanning from Staten Island, through Brooklyn and ending in Central Park in Manhattan as an estimated 50,000 people took part in the festivities.

There was little determent from the day's participants despite it being just five days after the terrorist attack in Tribeca on Tuesday in which eight people were killed and 17 were injured.

Shalane Flanagan added to the patriotism on Sunday when she became the first American woman to win the NYC

A pair of Kenyans took the top-two spots in the men's division as Geoffrey Kamworor defeated fellow countryman and 2014 winner Wilson Kipsang by just three seconds with a time of 2:10:53.

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Runners compete during the 2017 TCS New York City Marathon on Sunday.



John Charles Smith of the U.K. crosses the finish line to take second place in the Men's Wheelchair Division.

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(bet Cliff & Pearl St),  
New York, NY 10038

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That three-second gap between first and second-place finishers is the third-closest margin in race history.

Five of the past six NYC Marathon winners have hailed from Kenya.

Arizona's Abdi Abdirahman had the fastest time of any American man, finishing the race in 2:12:48, good for seventh place.

There was no such drama in the wheelchair division as both the men's and women's winners took home a title in comfortable fashion.

Switzerland's Marcel Hug finished the marathon in 1:37:21, over two minutes better than John Charles Smith of the United Kingdom,

## 50K

AN ESTIMATED 50,000 PEOPLE TOOK PART IN THE FESTIVITIES OF THE 47TH NYC MARATHON.

who came in second.

Brian Siemann was the highest-finishing American in 12th place.

Another Swiss native, Manuela Schar, won the women's wheelchair championship as her time of 1:48:09 was almost three minutes better than the United States' Tatyana McFadden.



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First place finisher Geoffrey Kamworor of Kenya (R) and second place finisher Wilson Kipsang, also of Kenya.





# These researchers are creating snake-like robots to help search-and-rescue efforts

Two researchers at the Worcester Polytechnic Institute won a three-year, \$400,000

National Science Foundation award to develop their robots.

 KRISTIN TOUSSAINT  
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After a natural disaster, like the recent hurricanes that ravaged the Caribbean or the back-to-back earthquakes that devastated Mexico, search-and-rescue teams need to navigate dangerous conditions to try to survey the damage and find survivors.

But what if robots could go in their place, slipping easily through the dangerous rubble to collect information and images? The rescue teams could stay safely away from any further building collapses or potentially

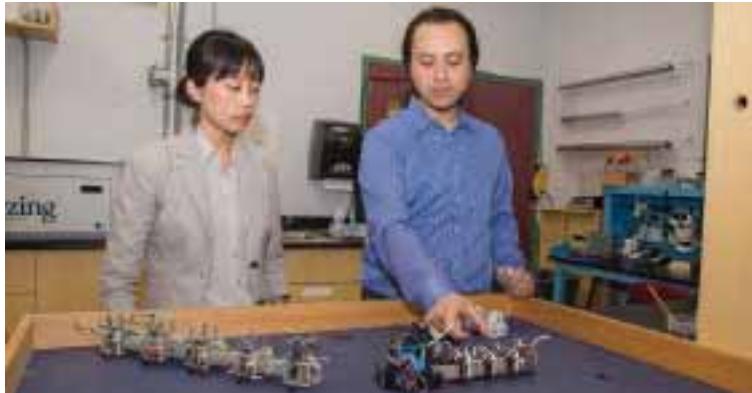
toxic conditions.

That's the hope of Jie Fu and Cagdas Onal, two researchers at the Worcester Polytechnic Institute in who are developing a robot to support search and rescue teams.

Though many rescue robots have been developed over the years — and were used in disaster relief efforts as far back as 9/11 — Fu and Onal have a different vision for theirs that strays from the chunky, box-like, "hard" robots.

Theirs is a snake-like, soft robot that they say can help rescue teams stay safe while also being more effective in their efforts.

"The problem [with other robots] is that since their lengths are rigid, if they want to go into tight corners, or maze-like passage or squeeze through a hole, the rigid body will not reform, it will jam itself in these conditions — the same conditions we



WPI professors Jie Fu (left) and Cagdas Onal in the Soft Robotics lab at WPI COURTESY OF WORCESTER POLYTECHNIC INSTITUTE / MATTHEW BURGOS

get in search-and-rescue efforts," Onal said. "On the other hand, with soft [robotic] bodies, you can negotiate tight passageways much better."

Onal and Fu recently received a three-year, \$400,000 award from the National Science Foundation to create their autonomous, snake-like robots.

Along with the "soft"

body (made of silicone rubber, which protects the internal electronics), that reptilian comparison is a crucial and unique part of their design. The researchers were inspired by how snakes move and control their bodies.

They're working on programming these robots to raise their "head" while moving forward to

get a better view of the environments they're exploring.

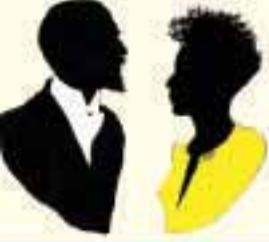
"If you look at biological snakes, they do raise their heads and keep it almost at a stationary pause, so they get a better view, and an unshaken view, of their environment, even though their body is rotating like crazy," Onal said.

Programming in

such three-dimensional capabilities will also allow the robot to go up stairs or through a hole to take measurements and pictures, and they're developing algorithms so the autonomous intelligence can make its own decisions about how and when to best move around.

Fu and Onal hope to start working directly with rescue teams as part of the three-year award once their technology is a bit further along, but even aside from that application, they think what they're developing with this soft robot will set the stage for safer robot-human interactions of the future.

"This soft robotics side is a little broader than the snake robot. Having some mechanical and physical elasticity in the body of a robot makes them much more safer in human environments," Onal said.

 From WNYC STUDIOS  
**Black Folks**  
Monday, November 6<sup>th</sup>  
Monday, November 13<sup>th</sup>  
7 PM at The Greene Space in Soho

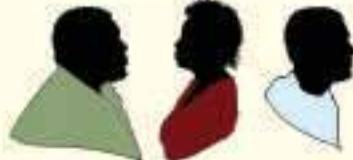
Based loosely on the classic work by **W.E.B. DuBois, The Souls of Black Folk**, this live podcast pilot creates a mosaic of black expression at this divisive time. Serious, yes, but the show is gonna be fun, too, and features a stellar guest line-up. Hosted by **Rebecca Carroll**.

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# Baby Boomers Benefitting From Knee Arthritis Treatment

## How Cutting-Edge Treatments and Technology Are Helping Knee Arthritis Sufferers Around the World

**New York City** - Nothing is more true. A life with constant pain is not a life worth living. And if you can't stay active and do all the things you love - like walking, playing golf, tennis, vacationing etc. It's not really a life at all.

### ...the Pain Is More Like A Prison

And for generations, knee arthritis has given good, hard working people a life sentence of pain and suffering. To make things worse, slick marketers only add to the pain by promising wonder cures. Late night television and your mail box are filled with "wonder arthritis cures" that make wild claims and sound too good to be true . . . **Because They Are**

Nothing is worse than getting your hopes up - spending your hard earned money - only to be let down time after time.

### It is easy to give up...

But while marketers were peddling "wonder cures," real doctors and researchers were hard at work trying to discover a real medical solution. Modern medicine eradicated small pox and polio. Through laser eye surgery, doctors can give almost blind people perfect 20/20 vision. The potential cures on the horizon with breakthroughs like stem cell and regenerative therapies are endless.

### Solve The Riddle Of Arthritis Pain?

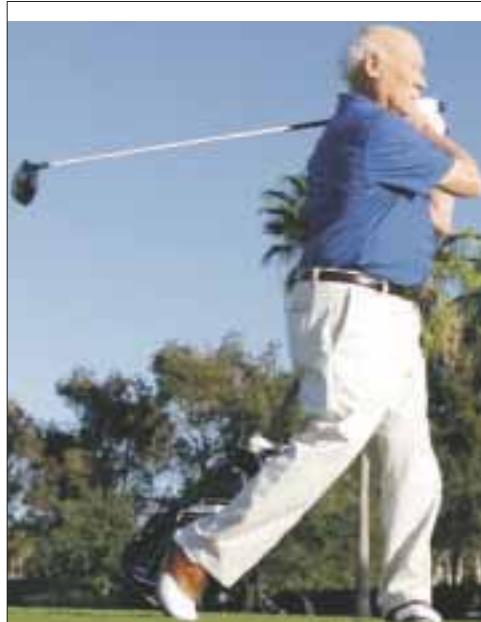
For the past 3 years, that's exactly what a medical clinic in New York City has been doing. The **NYC Pain MD** doctors have been able to help thousands of knee arthritis sufferers with cutting-edge treatments and technology older generations could only dream about. One of these treatments in particular has helped thousands of patients ease or eliminate pain and go back to doing their favorite activities like: walking, playing golf, tennis and many more. The treatment is called viscosupplementation. *But wait.* This is NOT the typical viscosupplementation. So if you are one of the many knee arthritis sufferers who already had viscosupplementation and did not get great results - what you are about to discover should be very important, to you in particular. It might even get you out of pain.

**Here is why:** During viscosupplementation, a special lubricating gel is put directly into your arthritic knee joint. This not only helps the knee joint to glide more smoothly, it acts as a cushion, protects the joint, and relieves a lot of pain. This is often referred to as "joint oil." In many cases, when done properly, this can dramatically lessen knee pain for up to 6 months and much longer in many cases.

**And even better** - if this treatment works for you the first time - it can be safely repeated when necessary and the results are often better for some.

### Like Threading A Needle?

The key to this treatment being successful is actually getting the special lubricating gel directly into the joint where it can go to work. That's why the doctors at **NYC Pain MD** use very advanced digital imaging that allows them to see directly into the joint and make sure the lubricating gel "hits the spot" and the treatment has the best odds for success. Studies show that doctors doing these types of procedures without this special imaging actually miss the joint space up to one third of the time!



"I've had trouble with my knee walking. I'm a golfer and want to play golf but I couldn't. I made the call and went and it's the best thing I ever did. It's just - now I can play golf, I can walk, I can climb stairs, I can do things I did many years ago".

"It's the smartest thing ever did" "Since I've been going for the treatment for my knees I don't take any pills, I take not over the counter medication..."

"This a good alternative to surgery." "I am so glad I went. I'm so confident I feel so good about it and I recommend It to everybody." William La Spina . Golf Enthusiast

(While **NYC Pain MD** cannot say all patients will respond like this we can say they are possible. Every patient is individual and results will vary, patient to patient.)

### Why Treatment Can Fail

This is why viscosupplementation can fail for some people. It is also why many knee arthritis sufferers come to **NYC Pain MD** after failed treatments elsewhere... and are finally able to get relief. It is not uncommon for patients to travel hours for the advanced treatments given at **NYC Pain MD**.

### Patients Should Be Assured About Precision Treatments

ONE BIG MISTAKE we have heard about is to use digital imaging or ultra-sound to mark the knee and then shut off the imaging and then not use it during the treatment procedure!!! **This means the doctor did not actually see if the lubricating gel went exactly where it was intended.** The only way to know for sure if the procedure was as accurate as possible - and the lubricating gel went precisely into the joint space - is to use the digital imaging **during the entire procedure.** You can actually see the lubricating gel as it goes where it is needed. **If you did not actually see it on the digital imaging screen - you do not know for sure if you actually got the proper treatment.**

If you are going to have this treatment, make sure you ask your doctor if special digital imaging is used **THROUGHOUT THE ENTIRE PROCEDURE.** Not just in the beginning. If you have already had this procedure without this advanced imaging... Or if it was only used in the beginning... There is a good chance you did not get the results you could and should have.

**"Clearly, technology is only as good as the doctors using it ... and clearly experience matters"**

That's why, if you need heart surgery, you go to a heart surgeon... Not a general practitioner. At **NYC Pain MD** you will be seen by doctors who are specially trained in this procedure... Do it every day... and see thousands of patients every year. The latest technology combined with experienced and skilled doctors gets the best results possible.

### Who Is This Treatment For?

This treatment is not for everyone. But it is for a lot of people who suffer with knee arthritis. Especially if you would like to avoid total knee replacement surgery and possibly lessen or eliminate your pain. This treatment

# Treatments Their Parents Could Only Dream About

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may help you if you have knee pain due to arthritis. It may also help you if you do not have dramatic visible signs of arthritis on x-ray. Studies show that arthritis is present long before it can be seen on x-ray. In fact, the sooner you start this treatment the better. So, if you have knee pain - seeing one of the specially trained medical doctors at **NYC Pain MD** could be the answer you are looking for. **This is important - this is especially for you if you have had viscosupplementation in the past without good results.**

Many patients who did not have good results elsewhere are often able to get very favorable results because of the advanced technology and procedure experience at **NYC Pain MD**. In fact, some patients have decided to cancel knee surgery and others go back to the active life-style they had before it was stolen by all the pain.

### How To Find Out If The Experts At NYC Pain MD Can Help You

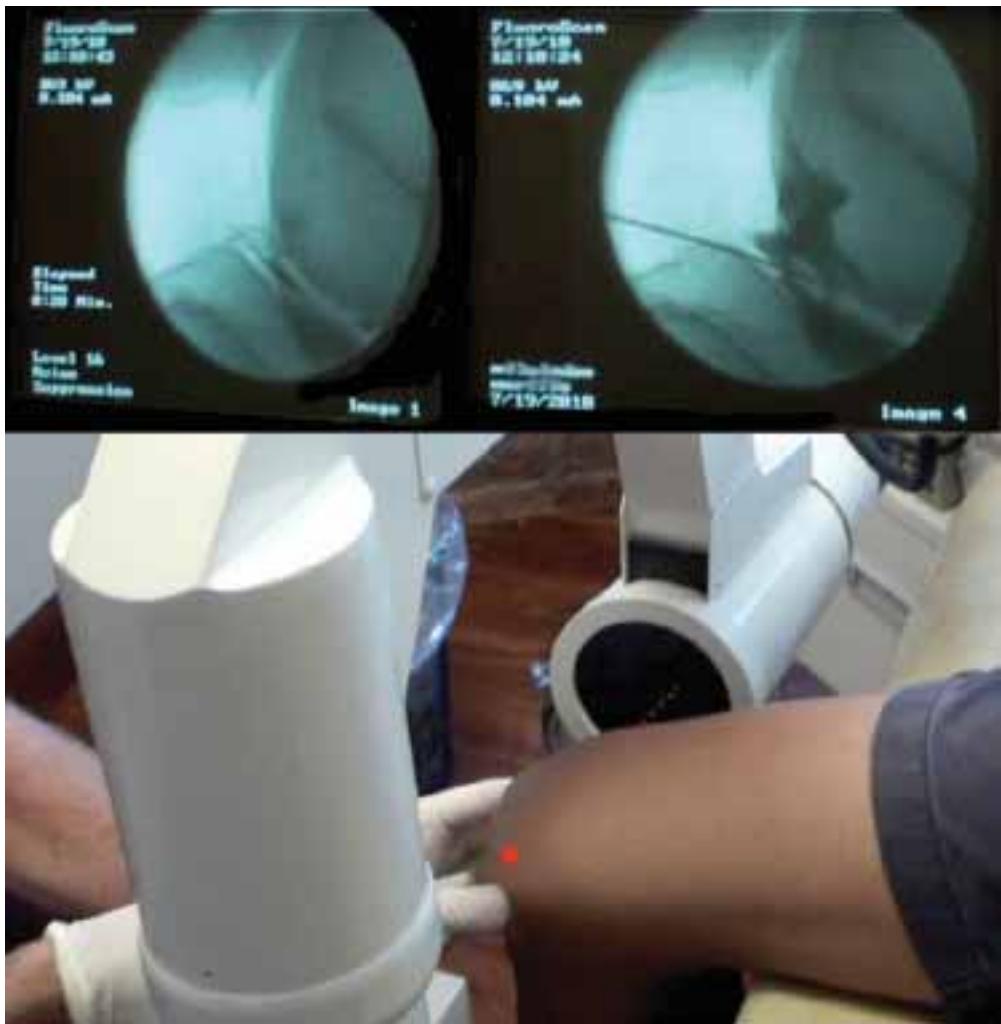
If you have knee arthritis pain and would like to see if this treatment might help you - the experts at **NYC Pain MD** offer a complimentary screening appointment.

This screening will help determine if you are a candidate for treatment and also gives you a chance to get your questions answered.

If you are a candidate, you will leave knowing that you found the possible way to lessen or even eliminate your knee pain for 6 months or more.

There is no obligation and if you are not a candidate - the doctor will help you find the best doctors and treatments for your individual case.

To set up a complimentary screening, just call 800-741-5340. But if you want a screening, we recommend calling right now. Due to time limitations, the center can only offer a limited number of screening per month. They decided to limit the number because they believe in giving every patient the individual time they deserve. If you have ever been to a doctor's office and been rushed or treated like a number - **NYC Pain MD** is different. We would consider this like a "throwback" to the old days of medicine. Before the days when HMO's and insurance companies (and now Obamacare) turned medicine into a business only and made it so difficult to care for patients the best way possible. If you are looking for a state-of-the-art medical clinic with "old school" ethics and values and treats patients



**The Secret To Knee Pain Relief?** With advances in medical science and technology the doctors at **NYC Pain MD** have been able to help thousands relieve their pain and get their active lifestyle back.

### How To Get A No-Cost Screening & Find Out If This Knee Arthritis Treatment Is For You

The popularity of this treatment is startling. **NYC Pain MD** receives hundreds of patient calls weekly... patients looking for options other than surgery that really work. But because this is a real medical treatment - it is not for everyone. That's why the experts have set up an easy screening visit. This screening will help determine if you are a candidate for additional examination

and treatment. This screening is offered at no cost to the patient. All your questions answered and you will find out if this treatment is for you. Zero risk or obligation. Just call 800-741-5340. Tell them, "I would like the knee screening." They will take care of everything. Due to demand, spots are limited - call immediately to avoid unnecessary waiting. The number to call is: 800-741-5340

**The secret to success: Technology with Caring Doctors:** NYC Pain MD combines cutting edge technology with highly trained professional and caring staff to help knee arthritis sufferers.

like the good 'ole days... then **NYC Pain MD** may be just what you've been looking for. Just call 800-741-5340 and secure your no obligation screening before someone else gets your spot. The risk is nothing. The potential is getting your pain-free life back.

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## Anti-corruption sweep in Saudi Arabia leads to high-profile arrests

Saudi Arabia's future king has tightened his grip on power through an anti-corruption purge by arresting royals, ministers and investors including billionaire Alwaleed bin Talal, who is one of the kingdom's most prominent businessmen.

Prince Alwaleed, a nephew of the king and owner of investment firm Kingdom Holding 4280. SE, invests in firms such as Citigroup and Twitter. He was among 11 princes, four ministers and tens of former ministers detained, three senior officials told Reuters.

News of the purge came early on Sunday after King Salman decreed the creation of an anti-corruption committee chaired by Crown Prince Mohammed bin Salman, his 32-year-old favorite son who has amassed power since rising from obscurity three years ago.

The new body was given powers to investigate cases, issue warrants



A picture taken on Sunday in Riyadh shows a general view of the closed Ritz-Carlton hotel in Riyadh. GETTY IMAGES

and travel restrictions, and seize assets.

"The homeland will not exist unless corruption is uprooted and the corrupt are held accountable," a royal decree said.

Analysts say the arrests were another pre-emptive measure by the crown prince to remove powerful figures as he exerts control over the world's leading oil exporter.

The roundup recalls the palace coup in June, through which he ousted

his elder cousin, Mohammed bin Nayef, as heir to the throne.

MbS, as he is known, was expected to follow at least by removing Prince Miteb from leadership of the National Guard.

Over the past year MbS has become the ultimate decision-maker for the kingdom's military, foreign, economic and social policies, causing resentment among parts of the Al Saud dynasty frustrated by his meteoric rise. REUTERS

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## CUOMO'S 'FIX NYC' MTA TRANSIT ADVISORY BOARD IS NOTHING NEW

Gov. Andrew Cuomo's recent announcement for his creation of the "Fix NYC" MTA Transit Advisory Board is reminiscent of his previous creation of a Transportation Re-investment Commission in 2014 to develop a 100-year blueprint to plan for the future of public transportation. Cuomo's new "Fix NYC" advisory board of transit experts, elected officials and members of the business community duplicates what is already in place.

There was no need to set up his "Fix NYC" advisory board. There are plenty of existing experienced career State and City Department of Transportation, along with the Metropolitan Transportation Authority and MTA operating managers and employees to provide the technical assistance and advice needed. Ditto for all the former state and city DOT Commissioners and the past MTA and MTA operating agency presidents. Don't forget the state MTA Capital Program Oversight Review Board. This four-member committee is composed of representatives appointed by the governor, state Senate majority leader, state assembly leader and NYC mayor.

Implementation of congestion pricing and



New York Gov. Andrew Cuomo speaks at a rally for paid family leave on Jan. 29, 2016, in New York City. GETTY IMAGES

### LARRY PENNER

#### Analysis

Larry Penner is a transportation historian and advocate who previously worked 31 years for the U.S. Department of Transportation.



creation of new dedicated revenue streams have been studied to death for decades. The MTA has both five-year and 20-year long-range capital plans, which are periodically updated. Both documents clearly outline what capital funding and sources are needed to maintain both a state of good repair for existing equipment, facilities and services along with safety and any future system expansion.

The problem is finding the money to make things happen. Federal support for transportation has remained consistent and growing. It has actually increased under virtually every five-year Transportation Authorization Act over past decades. When a crisis occurred, be it 9/11 in 2001 or Hurricane Sandy in 2012, Uncle Sam stepped

up to the plate. Additional billions in federal assistance above and beyond yearly formula allocations were provided. In 2009, the American Recovery and Reinvestment Act provided billions more for public transportation projects which benefited the city, state and MTA.

There is no agreed-upon long-range master financial plan between or within New York, New Jersey, NYC, the MTA and other transportation operators, for either a timetable or identification of specific funding sources to pay for major transportation system expansion projects. These have been on everyone's wish list, for years if not decades.

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**TODAY!**

# 10 Celebrities you didn't know were wedding officiants

Earlier this week, Kris Jenner officiated Colton Haynes' — star of "Teen Wolf" and "American Horror Story" — wedding to celebrity florist Jeff Leatham. But she's not the only celebrity (or pseudo-celebrity) to join two famous people in a contract that's supposed to bind you for life. Here are 10 other celebrities you never knew were wedding officiants. **METRO**

ALL PHOTOS GETTY IMAGES

**Tom Hanks**

The A-list actor became ordained and officiated the wedding of "Girls" star Allison Williams and College Humor co-founder Ricky Van Veen. Random!

**Stevie Nicks**

The straight-up legend apparently officiated the wedding of musicians Vanessa Carlton and Deer Tick's John McCauley in 2013. Sure!

**Reverend Run**

The old-school hip-hop star is legitimately an ordained minister. He presided over Nicole Richie and Joel Madden's wedding in 2010. Okey-dokey!

**Judith Light**

The "Transparent" star married America Ferrera — with whom she starred in "Ugly Betty" — and Ryan Piers Williams in 2011. Cool, daddy-o!

**Jonah Hill**

The actor, who has apparently been friends with Maroon 5's Adam Levine since childhood, officiated the wedding between Levine and model Behati Prinsloo in 2014. Mmkay!

**Jimmy Kimmel**

The late-night host officiated Jennifer Aniston and Justin Theroux's secret wedding in 2015, and renewed Matt Damon and wife Luciana Barroso's vows in 2013. Neat-o!

**Ian McKellen**

The legend and very best BFF officiated pal Patrick Stewart's wedding to singer Sunny Ozell in 2013, wearing a "Minister" T-shirt. Legitimately impressive!

**Emma Stone**

The Academy Award-winning actress played matchmaker for publicist Holly Shkooor and director Ruben Fleischer. She then went the extra mile and officiated their 2012 wedding. Nice!

**Lady Gaga**

After gay marriage was legalized in New York, Gaga got ordained and wed her friend-slash-yoga instructor Tricia Donegan and her partner. Lovely!

**Dwayne Johnson**

The Rock surprised a superfan in 2015 by officiating his wedding — and he was sure to plug his disaster movie, "San Andreas" throughout. Tacky, but ultimately fine!

# 2017's best blockbusters, one by one, starting with 'Logan'

With all the action the big screen can handle, and a script that made Sir Patrick Stewart cry, "Logan" makes our list.

 GREGORY WAKEMAN  
@MetroNewYork  
gregory.wakeman@metro.us

A score of 93% on Rotten Tomatoes and a gross of over \$616 million at the box office, and a current swell of good press ahead of awards season ensures that we'll all get to revisit James Mangold's visceral addition to the "X-Men" cannon just as cinema offerings get sappy ahead of the holidays.

We talked with Sir Patrick Stewart about his extensive career (he's had four huge films come out this year already, with two more in post-production) and varied roles (from Captain Picard to ... well, the voice of the Poop Emoji), but "Logan" seems to really have been a point of pride.

"The 'X-Men' movies have always been very successful," he says, "as have the 'Wolverine' movies. But there was a level of humanity and ordinary human feeling and experience in 'Logan' that I think caught peoples' atten-

tion and made them feel comfortable and at ease with people like Logan (played by Hugh Jackman) and Charles Xavier (Stewart's character), who have these special powers and abilities but have become fragile, vulnerable, and that hadn't been seen before."

The film catches up with the franchise's characters when they're atypically weak — aging, ailing, poor and swilling booze.

"I took home the script and read it, and I was certainly very, very moved," he shares. "I remember a couple of times putting the script down because it made me so emotional. I was excited as an actor because Charles was so different. He was sick, confused, crazy, unstable and dangerous. Not to say foul-mouthed. I said words in 'Logan' that I didn't think were in Charles' vocabulary."

So we weren't surprised this weekend when we heard his name being whispered along with the phrase "Best Supporting Actor nomination." Unfortunately we'll have to wait until January to be certain, but in the meantime do yourself a favor and rewatch this classic.

GETTY

Patrick Stewart  
as Charles  
Xavier in Logan  
20TH CENTURY FOX



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# Anna Friel's provocative new turn

Why "The Girlfriend Experience" star wants you to watch the series for more than the naked, writhing bodies.



RACHAEL VAUGHAN  
CLEMMONS  
@rachaelclemmons  
rachael.clemmons@metro.us

It's a cold, sunny day in England. I'm not there, but Anna Friel tells me so over the phone, and I believe her. When I gripe about the past week's inconsistent weather, she quips, "Makes you question the whole climate change thing, doesn't it?"

We're chatting over the phone to talk about her latest effort, the second season of "The Girlfriend Experience," which premiered on Starz last night. The 41-year-old stars in the first seven episodes as Erica Myles, a Republican financier embroiled in the dark side of midterm elections. Navi-



The first seven episodes of the series explore the dark underbelly of politics courtesy of Erica Myles (Friel) and Anna Greenwald (Louisa Krause). STARZ

gating the world of American politics wasn't exactly easy for the Rochdale, England, native. "My God! Your country is so vast," she exclaims. "It took me so long to decipher what was going on."

"What I asked American people was, 'Can you explain this? Can you explain that?'" she continues. "It was surprising how few people could,

they'd say, [here she lightly adopts an American accent] 'It's really hard for me too.' I feel like you've got to study politics for years to understand such a complex system."

The series has its fair share of political intrigue — "I think it's going to be quite controversial given the current timing with politics and everything we're dealing with at the

minute," Friel notes — but the most galvanizing part of Erica's arc is her burgeoning relationship with escort Anna,

who offers the titular girlfriend experience.

But it's not just the same old: Erica and Anna's relationship plays not-so-delicately with dominance and submission. "I think what was very fascinating was how [the series] portrays feeling powerful in submission and vice versa," she says. "Or how you can feel very submissive when you're in a position of power."

And while, thankfully, there is no sexposition, there is little left to the imagination. Friel, of course, realizes this, but wants to urge audiences to look beyond the naked, writhing bodies.

"It's not unnecessary. We've got to concentrate on it as a piece of work," she

says. "I've never really had an issue with nudity as long as I didn't ever feel like I was made to do it or thought that it was salacious. But if you're dealing with something where you know that sex is going to be involved, it's something that we really shouldn't shy away from."

After 10 minutes or so, I'm reminded I have time for one more question. But before I can finish my sentence — "I wanted to talk about 'Pushing Daisies'" — Friel is gushing.

"Having a beautiful love story and something that's so optimistic is so important. That's what was beautiful about ['Pushing Daisies'].

"We've all talked about [a reunion]," she continues. "I know Bryan [Fuller, the creator of the critically-acclaimed series] wants to do something, we just have to make sure we all don't get too old." I can almost hear her grinning over the phone, she's so gleeful. "Never say never."



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# Bruce Springsteen, regular guy

A new exhibit features never-before-seen "lovely and true" photos of the rock 'n' roll icon.

 EVA KIS  
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For a working-class hero, Bruce Springsteen never really struggled like the average Americans he's spent more than 40 years singing about.

He'll be the first to admit that — as he does every night of his five-month sold-out Broadway concert series — but you can still see the boy from New Jersey in a new photo exhibit.

Photographer Frank Stefanko has been by Springsteen's side through *Darkness on the Edge of Town* and *Born to Run*. At a new show at SoHo's Morrison Hotel Gallery, he's sharing 35 never-before-seen images of the rock 'n' roll



"Corvette Winter" would almost make you believe Bruce Springsteen is just like us. FRANK STEFANKO, MORRISON HOTEL GALLERY

icon from his new book, "Bruce Springsteen: Further Up the Road."

The free exhibit, open from Nov. 10-30, might be your only chance to see the photos: The limited edition 400-page book is available only as a deluxe set (\$630) or a collector's edition (\$380); prints are \$600 each.

"He managed to strip away your celebrity, your artifice, and get to the raw you," Springsteen wrote about Stefanko in his au-

tobiography. "His photos had a purity and a street poetry to them. They were lovely and true, but they weren't slick."

The photos chosen for the exhibit range from moments captured mid-concert to relaxing with the E Street Band, and contrasts a cocky young Springsteen with the current approachably cool rocker.

"His pictures captured the people I was writing about in my songs and

showed me the part of me that was still one of them," Springsteen continued. Ordinarily, this would be your cue to roll our eyes at a celebrity claiming to be "just like us," but Springsteen actually pulls it off.

So while you have to be either very lucky or rich to see him onstage, this exhibit is for everyone — just like his music.

The Morrison Hotel Gallery is located at 116 Prince St. [morrisonhotelgallery.com](http://morrisonhotelgallery.com)

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Dog musher Blair Braverman and her team of huskies.  
JAMES NETZ

# Deliver your holiday cards by dogsled

Dog musher Blair Braverman and her team of huskies want to bring them to the post office for you.



KATE MOONEY  
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Taking the time to actually write someone a holiday card and mail it feels like too much of a hassle these days. But what if a professional dogsled team of very good huskies made that trip to the post office for you?

This a real-life adorable offer, courtesy of Blair Braverman, a pro dog musher and freelance writer. This week, the 29-year-old tweeted from her handle @Femi-

nistJackLondon that if you mail her your cards, she and the pups will carry them to the post office via dogsled, for free (provided you stamp the letters, of course). It's impossible not to like the idea.

Braverman doesn't mind the errand. She and her husband and their 21 canine racers live out in the woods, in the 500-person town of Mountain, Wisconsin, where the post office a mile down the road is probably their closest connection to the outside world.

Well, except for Twitter: Despite her spotty internet service, Braverman, a columnist for Outside Magazine and the author of a memoir about her early days of dog mushing called "Wel-

come to the Goddamn Ice Cube," has gained a substantial following of fans of her dogs and her words.

"I started sharing pictures of the dog team, and people really started

to care about them, it was so moving to me," she tells me on a call made via Google phone (she has no landline or cell service). Connecting with folks over snail mail seemed like another fun

way to offset the isolation of the writer-musher lifestyle.

And for Refried, Haricot, Garbanzo, Fava, et al. (several members of the pack are named after different kinds of beans), it's no big deal to make a quick stop at the P.O., as they're out trekking through the snow all day anyway. They're training for a 400-mile race at the end of January called the John Beargrease Sled Dog Marathon in Duluth, Minnesota, and Braverman is hoping to get them doing up to 40-miles at a time.

Besides, dogsledding and mail delivery go together, historically.

"The sport evolved in part as a way to deliver mail to really isolated northern communities and so a lot of modern

races retrace those mail delivery routes," she tells me.

As adorable proof that the mail-mutts have toiled through the snow to transport the letters, Braverman will stamp each card with a silhouette of her dog, Refried, printed, "This letter was carried by dogsled."

The offer stands from now through New Year's. Braverman advises folks to allow an extra two weeks for the mail to arrive, you know, factoring in the dog-travel.

Better yet, forget your fam, and just write these pup pals a letter.

Send your stamped and addressed holiday cards in a bigger envelope addressed to Blair Braverman, c/o Braver-Mountain Mushing, PO Box 26, Mountain, WI, 54149.



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# What can you do about the 'Weinstein' in your office?

It's time to take a stand.

**PAT KING**  
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Over the past several weeks, numerous actresses and former staffers have come forward to detail their stories of surviving sexual abuse at the hands of one of the most powerful men in Hollywood, Harvey Weinstein.

In the midst of these accusations, Weinstein has been forced to step down from his powerhouse production company, may face criminal charges for his actions and several more powerful have been exposed as sexual predators (and we aren't just looking at crimes against women, former president Frank Underwood). These harrowing stories often stay silent because of power dynamics, but given the strength of those who have come forward shouldn't we "out" offenders? And how are we meant to know who to protect ourselves from?

Tim Cole, the CEO of Compass Alliance and author of the book "The Compass Solution," has this to say about the epidemic: "Someone once

told me that fame and success are like salt water — the more you drink it, the thirstier you get. And if you're not careful, it leads to madness and abuse of power."

He says someone with that amount of power usually acts inappropriately once they've decided they're more important than the product, company and people they work with.

Knowing that enormous sums of money have been paid out in order to hide sexual transgressions, why don't those in a predator's inner circle blow the whistle? Cole believes this is most likely because Weinstein and the like surround themselves with a group he refers to in his book as "toadies." These people are the shameless sycophants who will do anything to please a boss in order to get ahead.

He believes the willingness of these toadies to cover for their bosses is clear. "Why would they do that?" he asks. "Because of survival, self-preservation, job opportunities. They've decided that all of those things are more important than doing what's right. ... I will guarantee you that when this unfolds, and I don't

know the particulars, but if it turns out to be as egregious as described (in the Weinstein case), there'll be a long list of toadies who could've done something, who should have done something, and opted to do nothing."

So what can the rest of us do to put an end to this rampant abuse of power? What about the Weinstens in our own offices? Cole believes it's our responsibility to stand up. Once you've noticed offensive behavior, speak to human resources as soon as possible. And if you're working for minimum wage in an environment that doesn't have an HR department, take things straight to corporate.

If you're scared of your boss catching wind of a complaint, document everything and start looking for another job — a paycheck isn't worth the abuse. Once you're free to quit you can publish your evidence and help protect future employees.

"The worst thing you can do in those situations is simply to allow it to fester," says Cole, "because what happens is that tyrant only grows in power ... and that's when you're really in a caustic and septic environment that's not sustainable."

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# Giants rammed by LA at home

Big Blue provided another big flop at home as the Rams ran rampant on them at the Meadowlands.

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The bye week did not do one ounce of good for the New York Giants, who were trounced by the Los Angeles Rams on Sunday afternoon at MetLife Stadium, 51-17.

FINAL 11/5	
	<b>51</b>
	<b>17</b>

It was the first time the Rams (6-2) defeated the Giants since 2001 and the most points allowed by the Giants since giving up 52 to the Cleveland

Browns in 1964.

It was an uninspired, lackadaisical showing from the home team, as the Rams thrashed the Giants (1-7) defense open for 465 yards.

Their efforts were embodied most by a Rams second-quarter 52-yard touchdown that came on a screen pass to Robert Woods on a 3rd&-33 as members of the secondary looked as though they gave up on the play.

That was one of four touchdown passes on the day for second-year quarterback Jared Goff, three of which came in the first half.

Most of them came in the form of big plays, including a 67-yard connection between Goff and a wide-open Sammy Watkins just two minutes after Woods' score. Goff passed for 311 yards on just 14 completions.

It helped Los Angeles build a 27-10 halftime lead despite the Giants' offense running 44 plays com-



Rams wide receiver Robert Woods picked up a pair of touchdowns in a blowout win over the hapless Giants. GETTY IMAGES

pared to the Rams' 28.

There was no taking the proverbial foot off the gas pedal in the second half as they tacked on a trio of touchdowns in the third to officially make it a rout. Woods picked up his second touchdown reception of the game in the process while running back Todd Gurley

picked up a pair.

While the Giants somehow saw more of the ball, the offense couldn't do anything with the extra time.

Their only touchdown in the first three quarters came in the first when Eli Manning hit Tavarres King for a five-yard score that

capped off an impressive 14-play, 67-yard drive.

It was the team's second first-quarter touchdown of the season. It also broke a 43-point unanswered streak owned by the Rams dating back to Week 7.

They record a second in the fourth quarter when Manning hit tight

end Evan Engram with a 10-yard jump ball that saw the rookie impressively secure possession and get both feet in bounds.

Manning was held to 220 yards through the air on the day as he continues to struggle with a shorthanded receiving corps. Still, he passed the 50,000-yard mark for his career, becoming just the seventh quarterback in NFL history to eclipse that number.

Sterling Shepard's return did give the veteran passer a legitimate option, recording 70 yards in his return.

Orleans Darkwa was also a positive as he rushed for 71 yards on 16 carries, which was good for over four yards per rush.

But with the Giants in absolute shambles, an embarrassing loss like this is only going to make the hot seat beneath head coach Ben McAdoo heat up even more.

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# 3 Things we saw from the Giants embarrassing loss to the Rams

All hope is lost for a Giants team that is now 1-7 after playing half their games this season.



KRISTIAN DYER  
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The New York Giants might be the worst team in the NFL. Sunday's 51-17 home loss to the Los Angeles Rams helps their drive for a top pick. A season that began with Super Bowl chatter is now squarely focused on an offseason where it almost seems inevitable that this team gets blown up.

Now 1-7, the Giants are in a freefall. Sloppy play, poor assignments and frankly, a lack of solid coaching have hurt this team, all against the backdrop of two players suspended from the team

over the past three weeks. Coming off their bye week, the Giants looked like a team that waived bye to their season.

Here are three things we learned after Week 9:

## 1 This team is inadvertently tanking

These Giants are built for this year, a team that spent heavily in free agency the past two years and drafted for immediate needs is playing like a bottom-feeder. This wasn't a planned rebuild or a team that purposefully deconstructed.

This is a badly coached, vastly under-achieving team. Even the Cleveland Browns and the San Francisco 49ers have something the Giants don't have and that is hope. This team was supposed to be peaking right now. Instead, they



The New York Giants have been embarrassing this season. GETTY IMAGES

are locked-in on a top-five pick and fracturing on and off the field. A plan doesn't seem to be in place either for this year or long-term.

Embarrassing on multiple levels.

## 2 The playcalling is absurd

The Giants are without their top two wide receivers for the rest of the season so it would seem to make sense that the offense would look to run the ball more. It makes sense, right? After all, that was the formula of the Giants one win this year when Orleans Darkwa had the team's

first 100-yard running game since the Nixon administration.

Kidding, but not quite. Instead, the Giants, without any true threats at wide receiver, threw the ball 36 times and ran just 25 times.

Shocking playcalling in a game in which the Giants had some success running but simply didn't do enough of it. They were tied 7-7 at the end of the first quarter with no reason to abandon the run the way they did.

Darkwa had a healthy 71 yards on 16 carries, a very solid 4.43 yards per carry. Numbers that show that the Giants had success running the ball and never should have gotten away from it.

## 3 One play sums it up

In the second quarter with 9:35 left before halftime, the Rams were faced with a third-and-33. A simple screen pass was supposed to set up either a punt or a long field-goal attempt.

Instead, Robert Woods danced through the Giants for a 52-yard touchdown. The worst part of the whole sequence was that Woods went untouched into the end zone. That is just sloppy and inexcusable, especially since it was a 10-7 Rams lead at that time.

It was a fitting metaphor for the season as about six Giants players had a chance to take down Woods and either missed the play or got taken out by an opponent. Poor execution and a lack of heart have killed this team all year, as it did on that play.

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# GUESS WHAT? THESE JETS ARE GOOD

## OPINION



**KRISTIAN DYER**  
@KristianRDyer

No one is laughing about the New York Jets now, a team that is now 4-5 after nine games.

The names on the back of the jersey might not be well known as this team is devoid of superstars and marquee players. Because of that, this Jets team wasn't being given the time of day in August as the roster, from top to bottom, was openly mocked.

They may not be stars. They may not be recognizable. They may not have been very good before they came here.

But one thing they are is that, to a man, they want to be Jets.

That the Jets beat the Buffalo Bills on Thursday night before a national audience only underscores not just how

much better this team has gotten since Week 1, but just how foolish the talk from preseason about how bad this team would be. The joke was that Alabama or Ohio State could beat the Jets, a clear slap in the face to a team that was rebuilding but still had some talent.

And at the end of the day, general manager Mike Maccagnan and head coach Todd Bowles won't be talking about a top draft pick when the season ends. In fact, they will be wondering what pieces are needed to get this team over the hump and into the playoffs next year.

Yes, playoffs.

This is an exciting Jets team that, while nowhere close to dethroning the New England Patriots atop the division, is nonetheless a squad built for the future. The defense has the potential to be a good unit under Bowles and the offense, while still

needing to find answers and develop consistency, is nowhere near as anemic as some had feared or predicted.

These Jets are a couple bona fide free agents away from being a playoff contender and Maccagnan, as well as Bowles, deserve an awful lot of credit for the gutsy work they've done. Four wins for the entire year was considered a push just three months ago by many experts. Instead, the Jets can certainly rattle off a few more wins this year and set up for an exciting offseason.

What's not to like about this team? They are scrappy, hungry and playing like their hair is on fire. They love this game and they love each other, a locker room that clearly has bought into the message from their head coach.

Cast your eyes across town at New York's other football team and the contrast couldn't be



The Jets have surprised everyone this season after a 4-5 start. GETTY IMAGES

more stark.

Two years removed from a free-agent binge that led to a sugar rush of success in 2015 and a serious crash the next year, the Jets are building something new. This thing looks to be

sustainable with lessons learned from last year's debacle.

The core of the team is young and hungry, perhaps playing with a bit of a chip on their shoulder. It should be an enticing opportunity

for any free agent next year to see a team that is potentially ready to take the next step.

But in the here and now, these Jets are doing what fans of this franchise have waited so long to see and rarely seem to find. On a team that has been infatuated with signing aging veterans, players whose best days were seemingly behind them before they got to the Meadowlands, this group in Bowles' locker room seems to want to be here.

This 53-man roster to a man wants to be a Jet, playing for a head coach who isn't looking over his shoulder. No exit notes in jumbled handwriting written on a napkin to leave for greener pastures. For Bowles and this team, a year that was supposed to be conceded instead has taken on a new meaning.

And for them, it means being a Jet.



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You may qualify if you're **between 20-80 years old** and have high blood pressure or are taking medications to manage your high blood pressure.

**To learn more about this study and to see if you're eligible:**

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V1.0 30Sep2016



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Do you walk and move more slowly than you used to?  
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- ✓ A free medical evaluation
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Call us at **646-774-8655**  
if you would like to learn more or participate.



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#### QUALIFIED VOLUNTEERS MUST:

- Be at least 20 years old • Have high blood pressure
- Willing and able to come to clinic for all study visits (11 visits)

#### QUALIFIED PARTICIPANTS MAY RECEIVE:

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## LEGAL NOTICES

NOTICE IS HEREBY GIVEN that a license, Number Pending, for Restaurant Wine has been applied for by the undersigned to sell Wine, Beer & Cider at retail under the Alcoholic Beverage Control Law at 455 Park Ave. South, New York, NY 10016. New York County, for on-premises consumption. Fragole On Court Corp.

## LEGAL NOTICES

### NOTICE OF SALE

SUPREME COURT -  
COUNTY OF QUEENS  
DEUTSCHE BANK  
NATIONAL TRUST COMPANY,  
AS TRUSTEE FOR FIRST FRANKLIN  
MORTGAGE LOAN TRUST  
2006-FF16, ASSET-BACKED  
CERTIFICATES, SERIES 2006-FF16,  
Plaintiff - Against - MITCHELL  
SNAGG, MARY SYLVESTER STARKE,  
ET AL., Defendant(s). Pursuant to a  
Judgment of Foreclosure and Sale,  
DULY entered on 03/24/2017, I,  
the undersigned Referee, will sell  
at public auction, at the Queens  
County Supreme Court, 88-11  
Suphlin Boulevard, Jamaica, NY in  
Courtroom #25 on 12/1/2017 at  
10:00am, premises known as  
115-49 227th St, Cambria  
Heights, NY 11411, and described  
as follows: ALL that certain plot,  
piece or parcel of land, with the  
buildings and improvements  
thereon erected, situate lying  
and being in the 4th Ward of the  
Borough and County of Queens,  
City and State of New York and  
designated on the tax maps of the  
Queens County Treasurer as Block  
11291 and Lot 11. The approximate  
amount of the current Judgment  
lien is \$463,405.95 plus interest  
and costs. The premises will be  
sold subject to provisions of the  
aforesaid Judgment of Foreclosure  
and Sale;  
Index No. 709076/2014.  
Donna Furey, Esq. Referee  
SHELDON MAY & ASSOCIATES  
Attorneys at Law  
255 Merrick Road  
Rockville Centre NY 11570  
Dated: 10/20/2017

NOTICE IS HEREBY GIVEN that a license, Number 1305971, for Liquor, Beer & Wine has been applied for by the undersigned to sell Liquor, Beer & Wine at retail under the Alcoholic Beverage Control Law at 243 W. 54th St., Store B, New York, NY 10019. New York County, for on-premises consumption. Jay Mac's Bar & Billiards Corp.

NOTICE IS HEREBY GIVEN that a license, Number TBA, for Restaurant Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 55 West 19th St., New York, NY 10011. New York County, for on premises consumption. HWABAN INC.

NOTICE IS HEREBY GIVEN that a license, Serial # 1306072, for Wine & Beer has been applied for by the undersigned to sell Wine & Beer at retail under the Alcoholic Beverage Control Law at 425 7th Ave., New York, NY 10001. New York County, for on premise consumption. G & T Corp.

NOTICE IS HEREBY GIVEN that a license, Serial # 1306077, for Wine & Beer has been applied for by the undersigned to sell Wine & Beer at retail under the Alcoholic Beverage Control Law at 394 Court St., Brooklyn, NY 11231. Kings County, for on premise consumption. Fragole On Court Corp.

NOTICE IS HEREBY GIVEN that a license Number 1305754, for Restaurant Wine has been applied for by the undersigned to sell Beer & Wine at retail in a Restaurant under the Alcoholic Beverage Control Law at 161-29 Crocheron Ave., Flushing, NY 11358, for on-premises consumption. Bada Story Inc.

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NYCTL 2015-A TRUST AND  
THE BANK OF NEW YORK MELLON,  
AS COLLATERAL AGENT AND  
CUSTODIAN, PLAINTIFFS V.  
OMNI HOME LLC, et al.,  
DEFENDANTS.  
In pursuance and by virtue of a  
judgment of foreclosure and sale  
duly granted by this Court and  
entered in the Queens County  
Clerk's Office on July 14, 2017,  
I, the undersigned Referee, duly  
appointed in this action for such  
purpose, will expose and sell at  
public auction to the highest bidder  
at the Queens County Supreme  
Courthouse, in Courtroom #25,  
88-11 Suphlin Boulevard, Jamaica,  
NY, on November 17, 2017 at 10:00  
o'clock in the forenoon of that day,  
the premises directed in and by said  
judgment to be sold The premises  
are identified as Block 9430 and  
Lot 6, and appearing on the Queens  
County Tax Assessment Map as  
112-16 101st Avenue a/k/a 112-14  
101st Avenue, South Richmond Hill,  
New York. Property is sold subject  
to the terms and conditions of  
filed judgment and terms of sale.  
Approximate amount of judgment is  
\$35,561.96 plus interest and costs.  
Michael H. Dilman, Esq.,  
Referee  
Phillips Lytle LLP  
Attorneys for Plaintiff  
28 East Main Street, Suite 1400  
Rochester, NY 14614  
Telephone No. (585) 728-2110

NOTICE IS HEREBY GIVEN that a license, Number Pending, for Restaurant Wine has been applied for by the undersigned to sell Wine, Beer & Cider at retail under the Alcoholic Beverage Control Law at 243 W. 54th St., Store B, New York, NY 10019. New York County, for on-premises consumption. Kuni's Corporation d/b/a Ikinari Steak.

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33 Rainbow maker  
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40 Steadfast  
43 Prohibition  
44 Gazed at  
46 Does very well  
47 TV dragon puppet  
49 Alter a skirt  
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52 Restaurant freebie  
55 Ritzy boat  
57 Homer epic  
60 More corroded  
64 Hacks off

# metro.us /games

65 NBA hoopster

67 Lazing about

68 Available

69 Pipe wood

70 Winning margin

71 Wraps up

72 Impatient

73 Feeling pleasure

**Down**

1 Amazon speaker

2 Zoo barrier

3 Thick porridge

4 Materializes

5 Roof parts

6 Dispense

7 Crime-fighting org.

8 Bad mood

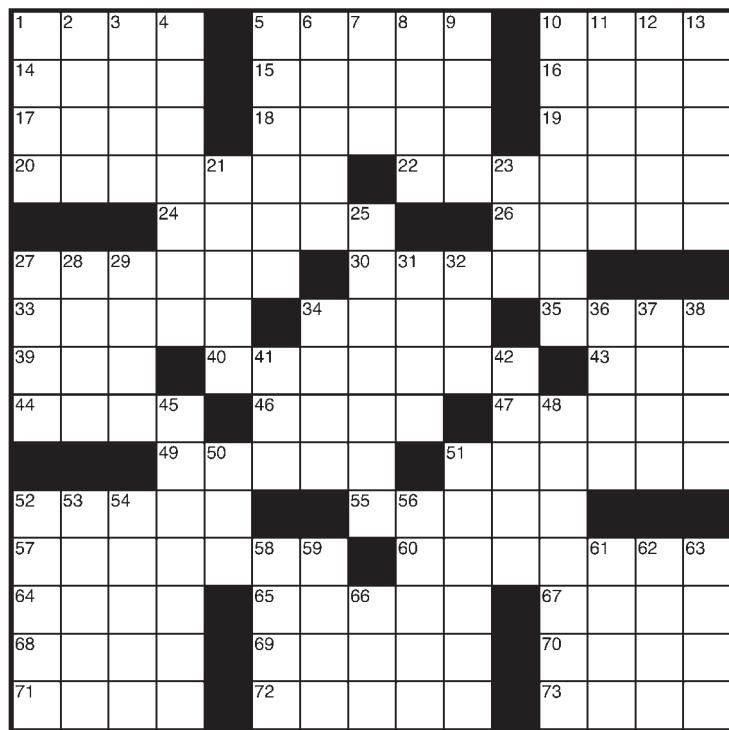
9 Mideast VIP

10 Fuel supplier (2 wds.)

11 "I don't mind --"

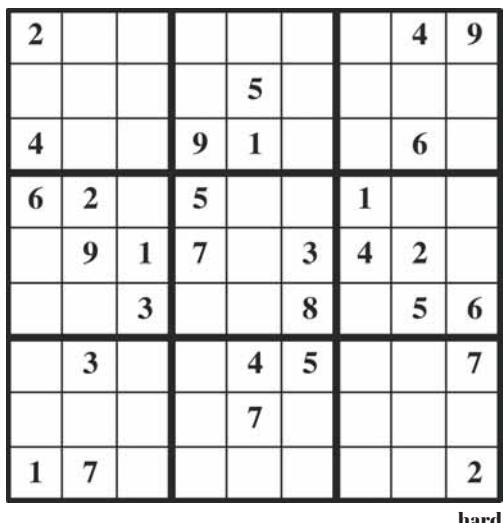
12 Cowboy's stray

## metro.us/crossword

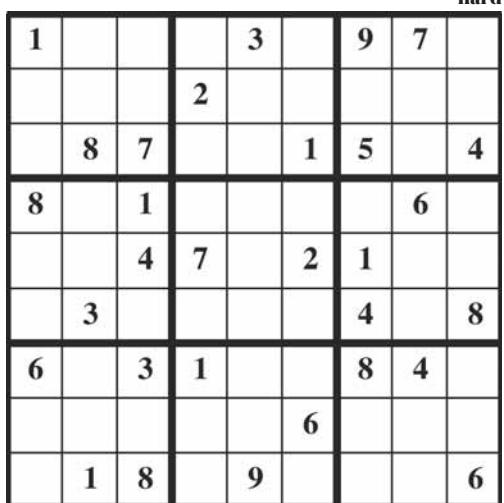


## metro.us/sudoku

easy



hard



## metro.us/horoscopes

**Aries** Make a personal change that will improve your attitude and lessen your stress. Focus on relationships and deciding which of your associates are positive influences.



**Taurus** Make staging a priority. Whether it's the way you look or how you display what yourself, go all-out and wow everyone you encounter with your polished presentation.



**Gemini** It's up to you to bring about change. Don't procrastinate or wait for someone else to go first. Look at what needs to be done and do it.



**Cancer** Take your time. Digest information. Pursue a project that offers a creative outlet or relief from stress. Don't make impulsive decisions or accusations.



**Leo** Your generosity with outsiders will cause a ruckus at home. Think before you make promises you'll regret. Do your best to curb habits and to please the ones you love.



**Virgo** Emotional meddling will make life at home and at work difficult. Be careful whom you confide in if you want to avoid being subject to scrutiny. Learn from past mistakes.



**Libra** Channel your energy into something that requires determination. A physical activity or competitive situation will give you a chance to show off what you have to offer.



**Scorpio** Don't wait for someone else to take the initiative. If something needs to be done, do it without making a fuss. In the end, you will be rewarded for your effort.



**Sagittarius** Take an active role when it comes to your relationships with others. Do your best to live up to your expectations and those of others. Romance is highlighted.



**Capricorn** Don't fret over change. Make adjustments and look at the big picture to find a way to incorporate what you know and do best in order to come out on top.



**Aquarius** Look at your options and make decisions based on what you discover. A chance to get ahead financially is promising. Work and stability are heading your way.



**Pisces** A vivid imagination will help you expand your interests and boost your assets. Make a positive change at home that will ensure less financial stress. **EUGENIA LAST**

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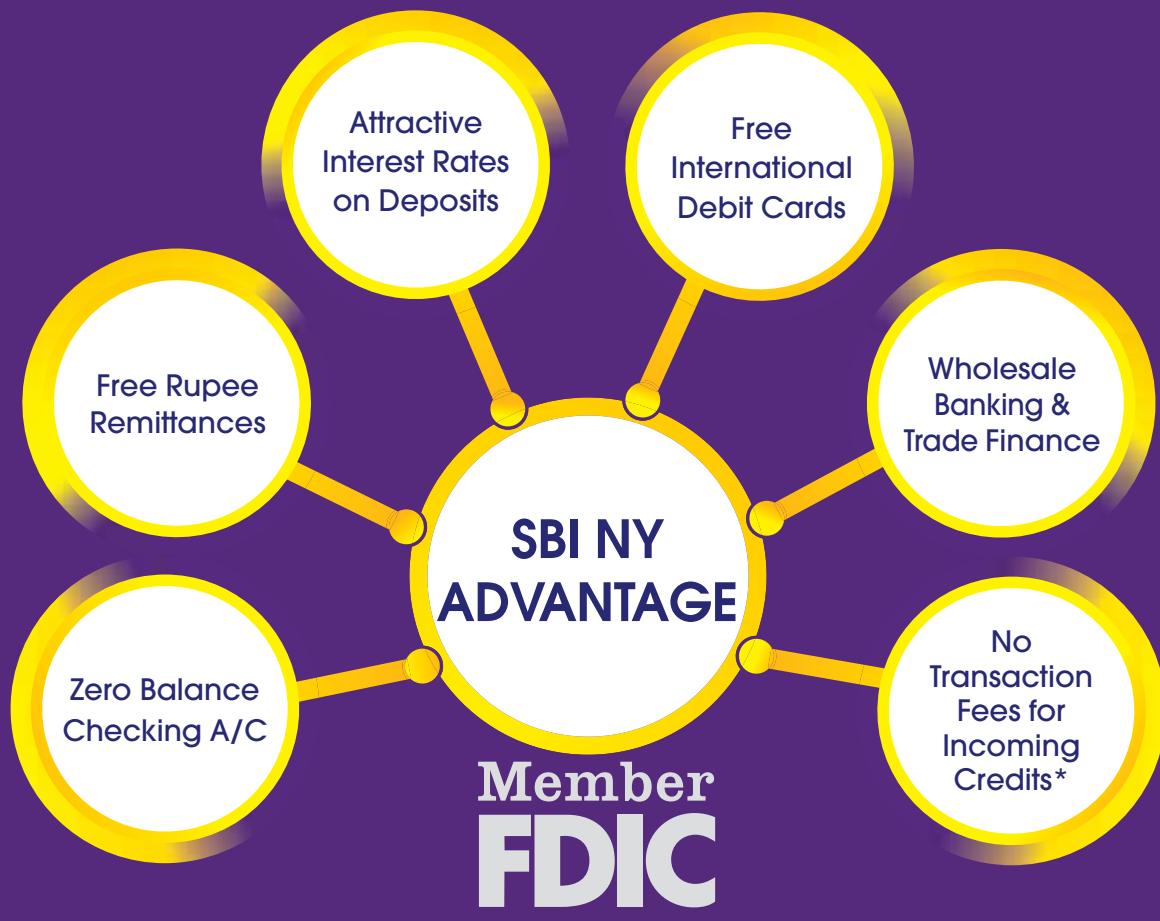
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